

**-Suggestions for Personal Engagement with the *Formed in Christ Worship Series this Year:***

Throughout this year of emphasis on “being formed in Christ,” we will have three worship with this focus. They are:

*Becoming Your True Self* - January 20-March 17

*The Disciple’s Triangle* - June 2-June 23

*Worthy Walking* – October 6-November 17

As a part of your own formation process, you are encouraged to begin making preparations for your personal engagement with God about the content of each of these series. The following suggestions may be helpful as ways you can open yourself to God through these worship experiences:

- Put these dates on your calendar now. Make a personal commitment to attend the services as consistently as possible. Worshipping with your community of faith and experiencing each service in its totality has the potential for the series to “live” in your thoughts and stir your spirit more deeply.
- Decide that if you are unable to attend any of the services in the series, you will proactively find a time to listen to the sermon online. Listening will be most effective without the distraction of doing other tasks at the same time. Find a comfortable place without distractions including your electronics! Try to find the time to listen before the next Sunday’s service. Listening to the messages in sequence will probably be most helpful.
- Consider finding a time to listen to the sermon again online even if you were in attendance. You may find that the second hearing raises things you were unable to process at the time or it may clarify something that you would like to spend some time processing with God.
- Purchase a journal or spiral notebook to use throughout this year during each of the three worship series. Plan to record your thoughts, feelings, and questions in response to the each of the series this year in this notebook. Keeping them all in one notebook or journal will allow you review and refer back to your responses as you interact with God.
- Make a commitment to have time alone with God each week of each series “unpacking” your response to what you experienced in worship. Below you are some things that may help you during this time:
  - Consider making a note during the service about anything that you want to consider more in depth later, that you have questions about, or that stirs something in your soul. Don’t forget to go back to these notes in your time alone with God. Find ways to write your thoughts and feelings to God about these things.
  - Use the reflection questions that will be provided in the worship guide and on the church’s website (look for the “Formed in Christ” logo) as an aid in your time of reflection if you find that to be helpful.

- At the end of each series, consider reading back through your journal/notebook. List the things you think are most poignant for you to keep in your mind. Write any questions that linger in your spirit. Ask God what he desires for you. Allow time to think, feel, and process in silence with God.