



Formed in Christ: Spiritual Reading for February

The Good and Beautiful God: Falling in Love with the God Jesus Knows
by James Bryan Smith.
Intervarsity Press, 2009

Note: This book is the first one of a series. While all of the books in the series could be valuable reading, we will not be reading the other books in the series as a part of this emphasis.

The Good and Beautiful God by James Bryan Smith is a wonderful first book for our emphasis on spiritual reading in 2019. Sadly, some believers have distorted views of God which hinder their willingness to open themselves to Him. The book is designed to refocus our thoughts on the overall goodness and wonder of God who invites us into a life-giving relationship.

One of the additional benefits of the book are the soul training exercises at the end of each chapter. These exercises will help you not only to engage with the material at a deeper level, but they will also give you tools that will benefit your spiritual journey in the future.

You will best benefit from reading the book if you space it out during the month rather than trying to read it in one sitting. Taking time with each chapter and the exercises will help you to discover that God truly is good and beautiful.