Shades Crest Small Groups Wednesdays, April 26 – May 17, 2023 6:00 PM – 7:00 PM

Active Grandparents (Room 254)

Leaders: Kevin and Lynette Clark

Description: Are you a grandparent—or soon-to-be grandparent? Grandparenting today is different than it used to be, with grandparents juggling work, and other life responsibilities, in addition to being actively involved in the lives of their children and grandchildren. This group will guide grandparents who want to serve as a spiritual support to their families.



Financial Stewardship (Room 255)

Leader: Jud Morrison

Description: As Christians, how do we best steward our financial resources—from our everyday lives to supporting our church and other ministry endeavors? This group will offer guidelines and tips on effectively managing the resources we have been given.



How to Meditate on God's Word (Room 242)

Leaders: Neil and Brook Hitchcock

Description: Meditating on the Bible can be intimidating—but it doesn't have to be. Where do you start? How do you do it? This group will offer foundational truths, encouragement, and practical tips on how to meditate on God's Word and hide it in your heart.



Men's Group: Spiritual Growth and Prayer

(Room 250)

Leaders: Matthew Allen, Matthew Stuart
Description: Would you like to join with other men
who desire to focus on their relationship with Christ
and their spiritual growth? This group will be a lowkey, no-pressure opportunity to meet, build
community, study scripture, and pray together.





Small Groups (Continued)

Moms Praying (Room 252)

Leader: Taylor Lane

Description: Have you been burdened by the desire to pray for your children but need direction and encouragement? This group is for moms with children of all ages. The focus of our time together will be encouragement, community, and practical application in effectively praying for our children.



Motivated to Wellness--A Spiritual and Physical Wellness Bible Study (Family Life Center Fireside

Room)

Leader: Abby Allen

Description: Interested in a stronger focus on your health? This coed group will use the book "Motivated to Wellness" a Bible study focused on physical and spiritual fitness. The group will meet for several weeks after the last Wednesday night session on May 17. (After May 17, the group will meet on Tuesday evenings at 7:00 PM.) If you can purchase the Motivated to Wellness book before the first group meeting, that will be helpful, but not required. The book is available on Amazon and is a "Myplace Bible study"—with no specific author listed.



Sandwich Season: Caring for those Older and Younger—and I'm in the Middle! (Room 245)

Leaders: Ralph and Carleen Ozley

Description: Are you in the middle? Caring for two generations in your family-one older and one younger? If that's you, then you know all too well how difficult this season of life can be. This group will offer care and support for you, so that as you care for your loved ones, you are cared for and supported as well.



Women's Group: Developing Your Identity in Christ

(Room 259)

Leader: Susanna Hicks

Description: Are you looking for community with other women? A group where you can focus on your relationship with Christ—and then offer encouragement and support for other women as a result of your growth? This group will focus on growing a healthy identity in Christ, and how to be present for other women with similar needs.

